

CURRICULUM VITAE

Aristotelis K. Kourtis
Orthopedic Surgeon

PERSONAL DATA

Date of Birth: 2/8/1979

Address: Iliou 1, N. Kifissia, 14564, Athens, Greece

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Marital Status: Married

Religion: Christian Orthodox

EDUCATION

Primary-Secondary:

1985-1997, Kosteas-Gitonas, Private College, Athens, Greece.

University:

1998-2004, Medical School of Aristotelio University of Thessaloniki, Greece.

Training:

2004-2006: Attending Orthopedics & Sports Injuries Clinic, Athens Medical Centre, activities: operations, outpatient clinic, patient monitoring, Director Dr. P. Nikolaou

10-10-2005: Obtaining medical practice license (Prefecture of Athens).

ORTHOPAEDIC SPECIALTY

2/2006-2/2007, General Surgery Intern, 1st Surgical Department of “Agia Olga” Hospital, Director C. Dervenis

21/10/2007-21/10/2012, Orthopedics Intern, 1st Orthopedic Department of “KAT General Hospital”, Director Prof. P. Baltopoulos

During my internship I participated in all scientific events of the Department (seminars, conferences, oncology councils, case presentations, surgeries, on-calls, emergency cases, bibliography updates).

17/5/2010- 16/10/2010, Six month Plastic Surgery & Burn Injuries practice, Plastic Surgery Clinic of “KAT General Hospital”, Director P. Panagiotou

16/10/2010- 15/5/2011, Six month Microsurgery practice in Hand and Upper Limb Clinic of “KAT General Hospital”, Director N. Gerostathopoulos

22/10/2011- 21/10/2012, Twelve month Pediatric Surgery practice in Pediatrics Clinic of “KAT General Hospital”, Director E. Vlaxos

Fellowships

8/2013-10/2013, Three month visitor and research fellow in sports medicine at Emory University Atlanta, United States of America.
Professor Dr S. Karas

2/2014-2/2015, Clinical Fellow, Orthopedic Department, Southmead Hospital, NHS Trust, Bristol, United Kingdom.
Professor A. Blom

2/2015-2/2016, Senior hip fellow, Southmead Hospital, NHS Trust, Bristol, United Kingdom.
Professor A. Blom

2/2016-8/2016, Senior knee fellow, Southmead Hospital, NHS Trust, Bristol, United Kingdom.
Professor A. Blom

8/2016-10/2017, Senior Hip and knee fellow, Nuffield Orthopedic Centre, NHS Trust, Oxford, United Kingdom.

Titles-Previous appointments

11/2017-to date, Consultant at private practice, Athens Medical Center, Marousi, Athens, Greece.

10/2017-to date, Honorary Visiting Consultant, Southmead Hospital, NHS Trust, Bristol, United Kingdom.

10/2017-to date, Honorary Visiting Consultant, Nuffield Orthopedic Centre, NHS Trust, Oxford, United Kingdom.

11/2017-to date, Reviewer in Hip International Journal.

01/2018-to date, Lecturer at the University of Bristol.

7/11/2018, Completion of Ph.D, Subject: “Study of the expression at the molecular level (mRNA) of the apoptosis related genes of the BCL2 family (BAX, BCL-2 ,BCL2L12), FAS,P53 and KALLIKREINS in the articular cartilage and fluid in an animal model of Osteoarthritis”.

Ph.D. THESIS

19/2/2011, Choice of subject and election of advisory committee for the doctoral dissertation, National Kapodistrian University of Athens.

Subject: “Study of the expression at the molecular level (mRNA) of the apoptosis related genes of the BCL2 family (BAX, BCL-2 ,BCL2L12), FAS,P53 and KALLIKREINS in the articular cartilage and fluid in an animal model of Osteoarthritis”.

Date of completion : 7/11/2018,

SCHOLARSHIPS

A) 19/12/2011: Scholarship of the Experimental-Research Center of ELPEN Pharmaceuticals for the study entitled: “Study of the expression at the molecular level (mRNA) of the apoptosis related genes of the BCL2 family (BAX, BCL-2 ,BCL2L12), FAS,P53 and KALLIKREINS in the articular cartilage and fluid in an animal model of Osteoarthritis” with the grand number: 39.

B) 2015: Scholarship of “The A.G. Leventis Foundation” for the study entitled: “Study of the expression at the molecular level (mRNA) of the

apoptosis related genes of the BCL2 family (BAX, BCL-2 ,BCL2L12), FAS,P53 and KALLIKREINS in the articular cartilage and fluid in an animal model of Osteoarthritis” with the grand number: K.A.11797 ELKE.

C) 2016: Scholarship of “The Athens Social Club” for the study entitled: “Study of the expression at the molecular level (mRNA) of the apoptosis related genes of the BCL2 family (BAX, BCL-2 ,BCL2L12), FAS,P53 and KALLIKREINS in the articular cartilage and fluid in an animal model of Osteoarthritis” with the grand number: K.A.11797 ELKE.

SCIENTIFIC ACTIVITY

A) Participation in Seminars / Conferences

1. Thrombosis Forum, Thessaloniki, Greece, 18-19/12/2003
2. 25th Panhellenic Surgery Conference, Athens, Greece, 22-26/11/2006
3. Annual American College Surgery Conference (ACS) Chicago. United States, 10/2007
4. 64th Panhellenic Orthopedics Conference, Athens, Greece, 8-11/10/2008
5. 22nd Annual Reconstructive Hip and Knee Surgery Conference, Athens, Greece, 31/10-1/11/2008
6. 65th Panhellenic Orthopedics Conference, Thessaloniki, Greece, 7-10/10/2009
7. Postgraduate Orthopedics and Traumatology Seminar, Karpenisi, Greece, 7-9/5/2010
8. 66th Panhellenic Orthopedics Conference, Athens, Greece, 13-16/10/2010
9. Scientific meeting of the Hellenic Society for the study of bone metabolism. «Subject : Metabolic bone diseases» Corinth, Greece, 11-12/3/2011
10. 67th Panhellenic Orthopedic Conference, Athens, Greece, 12-16/10/2011
11. Principles in Operative Fracture Management. AO. Trauma, Thessaloniki, Greece, 17-19/5/2012
12. 68o Panhellenic Orthopedics Conference, Athens, Greece, 3-6/10/2012
13. Symposium of Hip and Knee Reconstructive Surgery of E.E.X.O.T., Athens, Greece, 22-23/11/2013
14. 73rd Panhellenic Orthopedic Conference, Athens, Greece, 11-14/10/2017

15. 1st Scientific conference AEK FC, Hamstring injuries: from the scientific findings to everyday practice, Athens, Greece, 28/03/2018
16. Continued Medical Education program, Athens Medical Centre, Greece, 4/10/2017-27/6/2018

B) Scientific Presentations

1. "Expression analysis of the apoptotic genes BCL2, BAX and BCL2L12 in an experimental animal model of osteoarthritis". International Society for Enzymology Annual Meeting, ISE 2016, 1 July-4 July, Syros, Greece
2. "Midterm results of ReCap/Magnum/Taperloc metal on metal total hip arthroplasty with mean follow-up of 7.1 years". European Hip Society meeting, Munich, Germany, 6-9/9/2016
3. "Midterm results of ReCap/Magnum/Taperloc metal on metal total hip arthroplasty with mean follow-up of 7.1 years". Orthopedic Research Society meeting, San Diego, United States, (Poster), 19-22/3/2017
4. "Midterm results of ReCap/Magnum/Taperloc metal on metal total hip arthroplasty with mean follow-up of 7.1 years. 73rd Panhellenic Orthopedic Conference, Athens, Greece, 11-14/10/2017

C) Educational Activities/Courses/Teaching

1. Member of the Organizing Committee in the 64th Congress of the Hellenic Association of Orthopedic Surgeons and Traumatology. Orthopedic Conference, Athens, Greece, 8-11/10/2008
2. Intensive Two Day Educational Course of the Greek College of Orthopedic Surgeons College, Athens, Greece, 13-14/3/2009
3. European Resuscitation Council, BLS/AED diploma, "KAT General Injuries Hospital" Athens, Greece, 15/3/2010
4. Participation in the educational program 2009-2010 of the 3rd Department of Orthopedics, "KAT General Hospital". Speaker: "Literature update in current orthopedics, Journal of Arthroplasty", Athens, Greece, 11-5-2010
5. Instructional course knee "Primary to Revision" KLEOS . Barcelona, Spain, 21-3/7/2010
6. Educational Microsurgery seminar - Microsurgery workshop, Research Center "Th. Garofalidis KAT General Injuries Hospital", Athens, Greece, 19/9 -4/12/2011

7. Supervising Instructor of Microsurgery workshop, Research Center "Th. Garofalidis KAT General Injuries Hospital", Athens, Greece, 2011-2012
8. "4th Advanced Course on Knee Surgery", Val d'Isere France, 22-27/1/2012
9. "Introduction to Orthopedic Clinical Examination" session, for the 3rd year MDEMO (Musculoskeletal Disease, Emergency Medicine and Ophthalmology) students. Knee examination. Bristol, United Kingdom, 13/4/2015
10. Smith and Nephew Level 2 SPR Hip and Knee Course, York, United Kingdom, 16-17/5/2016
11. Instructional Course, Oxford Partial Knee, Oxford, United Kingdom, 20-21/3/2017
12. Zimmer Biomet, Primary Knee Instructional Course, De Vere Theobalds Estate, Cheshunt, London, United Kingdom, 7/6/2017
13. Zimmer Biomet, Revision Knee Masterclass Course, De Vere Theobalds Estate, Cheshunt, London, United Kingdom, 8/6/2017

D) Publications

1. "Intramedullary nailing for the treatment of supracondylar femoral fractures above total knee arthroplasty: Clinical experience". Injury, Volume 40, Supplement 2, Page S10, DOI:10.1016/j.injury.2009.07.022, 9/2009
2. "Midterm results of ReCap/Magnum/Taperloc metal on metal total hip arthroplasty with mean follow-up of 7.1 years". Hip International, DOI:10.5301/hipint.5000454, 12/2/2017
3. "Quantitative analysis and study of the mRNA expression levels of apoptotic genes BCL2, BAX and BCL2L12 in the articular cartilage of an animal model of osteoarthritis". Submitted Apr 20, 2018. Accepted for publication May 09, 2018. doi: 10.21037/atm.2018.05.47
4. "The Adult Hip - Master case series". Chapter 11, Author of chapter No 11, Neurologic diseases: Parkinson's Disease. ISBN-13: 978-3319641751, ISBN-10: 3319641751

MEMBER OF SCIENTIFIC SOCIETIES

1. Athens Medical Board (Reg. No 060606), since 10/10/2005

2. Hellenic Arthroscopic Knee Surgery and Sports Injuries Society “G. Noulis”
3. Member of General Medical Council, United Kingdom, Fully registered medical practitioner with specialist registration, since 2014
4. Member of "The Girdlestone Orthopedic Society", since 2017

FOREIGN LANGUAGES

English: Excellent (Proficiency level)

German: Intermediate (Grundstufe level)

Serbian: Intermediate

COMPUTER SKILLS

Excellent use (word, excel, power point, internet)

SOCIAL ACTIVITY

Voluntary work in various animal welfare organizations and events.

INTERESTS

I am a father of two children which I love and spend as much time possible with them.

Track and Field, multi winner on a National level.

Mountain Skiing, expert level.

Free Diving, .AIDA diploma second degree.

Spear fishing

Cycling.

Traveling around the world and meeting new places and interesting people.